



HAYOT DAVOMIDA TA'LIM OLIH: YANGI PARADIGMALAR VA KUTILADIGAN NATIJALAR

FAN, TA'LIM VA AMALIYOT INTEGRATSIYASI

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Rustamova Zuhro Turayevna¹, Ibragimova Nafisa²

¹*Samarqand VXTXQTMOHM*

Tillarni o'qitish metodikasi kafedrasida katta o'qituvchisi

²*Tayloq tuman maktab o'qituvchisi*

How to Teach English as a Foreign Language

Annotation

This article is about how to explain what us TEFL do in the classroom and how you can do it too. First, know that teaching English is not rocket science and that there is a specific methodology that truly helps your students learn English. Without it you are usually wasting their time and money. And you are being a fake teacher. Because you can speak English, does NOT mean you can teach English. Many of us who started out without TEFL teacher training saw a huge difference in the performance of our students as soon as we got some real training.

Key words: Teaching English, TEFL, methods, language functions, practice, produce, present.

In teaching English we need to motivate our students, so we are going to talk about something that interests them, usually using language functions, such as *Asking and Answering*. First, we plan how we are going to **present** and teach that new language to them using the ask/answer topic we decided earlier. Often this is several rounds of *listen and repeat* so they can practice listening to the language and practice the pronunciation. If you have studied a foreign language before, you know that it can sometimes sound like confused noise – no words at all. But after you listen several times, you start to get it. The second or third or even fourth time, you start to hear the



individual words. Then we have them practice asking and answering those same questions back and forth with each other using exactly what we taught them earlier. Next, we plan how they will **practice** what we have taught them. That will help them get comfortable with the language and help them remember it. That usually means just having them practice ASKING and ANSWERING (remember *functions* from above) the questions and answers we just taught them.

For this section we will give them a few extra alternatives for practice, once they feel comfortable with the basics that we already taught them. We just add a few variations of the questions and answers and they practice those. Easy! Here it is important that they TALK A LOT. That means student talk. Not teacher talk. The teacher is not the star in an EFL classroom. The student is the star. It is a student-centered classroom. Finally, in the last stage of a lesson, we have the students apply the language we taught them, that they just practiced and now we have them talk about their own life. Their own interests, jobs, hobbies – using that new language. Here they **produce** some new sentences using the pieces we gave them and that they practiced before. We taught it, they practiced it and how they create new usages of the language to talk about themselves. Who doesn't like to talk about themselves? It creates motivation and helps the student retain the language in their long-term memory.

That's how to teach English as a foreign language. Of course, before the start of formal teaching of a class you might play a word game using the language you taught in the previous class (to help them remember and retain that language) and at the end of this class you might play a word game using the language from the current class. It's good to have a bit of fun at the start and end of the class so people arrive and depart happy and laughing. It helps motivate your learners. Of course, the stuff in the middle can be fun too! That's the quick and dirty basics how to teach English. On this website you will see a huge amount of FREE TEFL training material to help you get past the basics and become an excellent teacher. Just one last fast thing: Look back over this article and see that we have underlined and bolded THREE words: **Present**, **Practice** and **Produce**. One of the most common TEFL methodologies is called PPP, from Present, Practice and Produce. NOW, without really trying you have learned and understand more English teaching methodology than 50% of the (untrained) English teachers out there in the schools.

Why learn ESL teaching methods?

There are many reasons why learning a few basic ESL teaching methods is a must for both new and experienced teachers. Here are some ways that learning the most popular methods of teaching ESL can help you as an English teacher:

- Demonstrating knowledge of these ESL teaching methods and strategies makes you more marketable.
- Discussing these strategies for teaching ESL students and **using TEFL/TESOL buzzwords during an interview** can improve your chances of getting hired.
- Using a variety of methods in the ESL classroom makes you a more effective and engaging teacher.



- Understanding pedagogy helps you **design better ESL materials** and lessons, as you can strategically select activities and **use learning objectives** that will benefit your students.
- **What are some popular ESL teaching methods?**
- **Method 1: Direct method**
- For the direct method, all teaching is done in the target language, translations are not allowed in class, and the focus lies heavily on speaking instead of grammar. This makes the direct method a very student-centered strategy that has gained popularity in recent years.
- Students are supposed to learn the target language naturally and instinctively, which is why the direct method is also called the “natural approach.” Mistakes are corrected as they happen in class, and teachers reinforce the correct usage of the language with praise. This method is frequently used when teaching English online, as many virtual ESL companies require teachers to only speak English during class.
- **Method 2: Communicative language teaching (CLT)**
- Communicative language teaching is perhaps the most popular approach among the methods of teaching ESL today. CLT emphasizes the students’ ability to communicate in real-life contexts, and students learn to make requests, accept offers, explain things, and express their feelings and preferences.
- Since CLT focuses on teaching language through real-world assignments and problem-solving, it’s less concerned with grammar accuracy and instead focuses on fluency.
- **Method 3: Task-/project-/inquiry-based learning**
- This teaching strategy for ESL students can sometimes be considered a part of CLT, but it heavily emphasizes the students’ independence and individuality. Inquire based learning is a modern approach that is becoming widely popular in schools all over the world. By asking questions and solving problems, with the teacher as a mere learning facilitator, student motivation and participation in tasks and projects are thought to increase.
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Method 4: Total physical response (TPR)

You may have heard of this teaching strategy for ESL before, but [what exactly is TPR](#) ? Total physical response has become a very popular approach in which students react to the teacher with movement, such as miming, gesturing, or acting out the language.

For example, the teacher and students might make an exaggerated frown and pretend to cry when learning the word “sad.” TPR suggests that students learn the target language best through physical response rather than by analysis.

TPR is often used when [teaching English online](#) and when teaching young learners, as it not only helps students remember vocabulary but also provides an outlet for their energy and helps them stay focused when sitting for long periods of time.

Method 5: An eclectic approach

Many teachers choose from the collection of humanistic approaches (TPR, for example) and communicative approaches (the direct method and CLT), as well as many other teaching strategies for ESL learners, and use what works best for them. For example, a teacher who uses mostly the direct method may occasionally do a lot of grammar explanation when teaching a test preparation class, or a CLT advocate may borrow some aspects of the direct method or use TPR.

- **Pro Tip:** A great way to combine or develop teaching methods is to frequently reflect on your teaching style by using a journal where you write down comments, note adjustments, and brainstorm how you can change certain methods or procedures if necessary.

The list of ESL teaching styles doesn't have to end here! You can find your own favorite TEFL/TESOL method from among those listed above, combine several strategies for teaching your ESL students, or develop your own ESL teaching methods and techniques.